

Self-Defense & Safety Awareness

For Boys and Girls Ages 5-15

Classes Held At JCC of Middlesex County

1775 Oak Tree Road
Edison, NJ 08820



ONLY \$15.00 PER LESSON and In Blocks of classes

Kidsafe Alliance Youth Programs welcomes kids to learn about safety, self-awareness and self-discipline while learning traditional martial arts.

Class Day

Classes are held on ***Thursday***

September 29 to December 15

11 classes

(no class Nov. 24)

Class Fee

Weekly \$15

5 Block \$80

10 Block classes \$150

20 Block classes \$280

Test Fee \$10

Payments can be made Cash, Check and Credit

Class Times

New Students 5:00 - 5:40 All

Returning Student 5:50- 6:30

Uniforms

Uniforms are not required, however they are recommended and will be available at a request. There is also a proper dress code for when students are not wearing a uniform.

Fun! Fitness! Coordination! New Students Are Always Welcome

For More Information Please Call (732)474-8733

TOO MUCH SCREEN TIME? SAY NO MORE!

KIDSAFE ALLIANCE YOUTH PROGRAMS

Kidsafe runs a three month program that has 40 minute classes for one day a week. The Kidsafe program focuses on teaching leadership skills, self-awareness, self-defense, and self-esteem principles that can grow with our students.

Class Locations and Class times

Wednesday

Woodbridge, NJ: 77 Queen Rd Iselin, NJ 08830

New Students and Beginners: 5:00pm-5:40pm

Returning Ranks 5:50pm-6:30

Piscataway, NJ: 101 Shirley Pkway, Piscataway NJ 08854

New Students and Beginners: 5:00pm-5:40pm

Returning Ranks 5:50pm-6:30

Thursday

Edison NJ: 1775 Oak Tree Rd, Edison NJ 08820

New Students and Beginners: 5:00pm-5:40pm

Returning Ranks 5:50pm-6:30

Saturday

Union NJ: 1050 Jeanette Ave, Union Township, NJ 07083

New Students and Beginners: 9:00am-9:40am

Returning Ranks: 9:50am-10:30am

Class Fees; Payments can be made Cash, Check or Credit

Weekly Payment \$15 , 5 Block of class: \$80, 10 Block of classes: \$150,

20 Block of classes: \$280, Test Fee \$10

For More Information Visit Our Website [HERE](#)