

Summer
2026



Engage, Enlighten, Entertain, Enrich.

JCC Programs for Adults



Lifelong Learning



Community & Connection



Arts & Culture



Health & Wellness



Travel & Discovery

1775 Oak Tree Road, Edison, NJ 08820 | www.jccmc.org | 732-494-3232



Jewish Community Center of Middlesex County
"Community is Our Middle Name"



Jewish Community Center of Middlesex County
"Community is Our Middle Name"



Temple Emanu-El
WHERE DIVERSITY EQUALS STRENGTH

Marion and Norman Tanzman Center for LifeLong Living

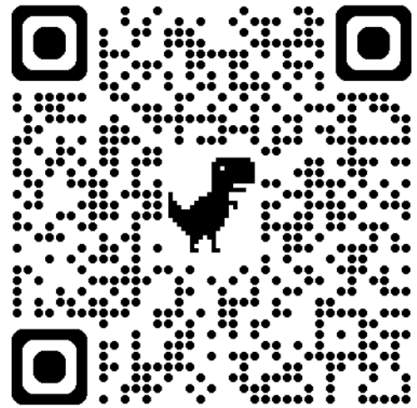
CREATE YOUR LEGACY. BUILD OUR FUTURE.

Be part of our new building addition with a
personalized commemorative paver.

- ✦ Honor a loved one
- ✦ Celebrate a simcha
- ✦ Show your family's support

Your engraved paver will be a lasting
tribute—and help strengthen our
community for generations.

SMALL (5 Lines, 28 characters): \$450
MEDIUM (8 Lines, 28 characters): \$900
LARGE (8 Lines, 42 characters): \$1,800



Scan the QR code or visit:
www.jccmc.org/pavers
to reserve your paver.

Please contact Talia Tor at Ttor@jccmc.org or Dana Shectman at executivedirector@edison temple.org for more information.



Register Today!

Thursday
August 13,
2026

JCC of Middlesex
County
1775 Oak Tree Road
Edison, NJ 08820

MAH JONGG TOURNAMENT



Doors open at 8:15am

Play begins promptly at 9:00

Seven rounds of play (4 in the morning, 3 afternoon)

Cash prizes for both morning and afternoon winners

Continental breakfast, lunch and snacks included

Give-a-ways, silent auctions, and cash raffle!

\$75 per person

All players MUST be able to complete 4 games in 50 minutes

JCC of Middlesex County Mah Jongg Tournament - Thursday August 13, 2026

Please register online at JCCMC.ORG or mail in this form with your check

NAME _____

ADDRESS _____

CELL PHONE NUMBER _____

E-MAIL _____

I WILL BE EAST YES NO

I WILL BRING A SET YES NO

I HAVE BEEN AN EAST BEFORE YES NO

No refunds after August 3, 2026
Questions? Email ttor@jccmc.org



Find us on our Social Media Platforms

Jewish Community Center of Middlesex County
1775 Oak Tree Road, Edison, NJ, 08820
Tel. 732.494.3232
www.jccmc.org





Mah Jongg Lessons

With Elissa Glinn

REGISTRATION INFO

Registration opens June 22

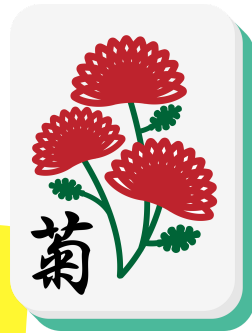
Limited to 12 Spots!

Sessions fill quickly

Sorry No Refunds

5 SESSIONS

Tuesday evenings
6:30 PM- 8:30 PM



DATES OF CLASSES

Sept 15

Sept 22

Sept 29

Oct 6

Oct 13

**\$100 PER COMMUNITY
CAMPUS MEMBER
\$125 PER GUEST**

Please purchase a
2026 Mah Jongg card
www.nationalmahjonggleague.org

For more information please contact Liza Feldman at lfeldman@jccmc.org or call the JCC Member Services Desk at 732-494-3232.

This program is co-sponsored by The Jewish Federation in the Heart of New Jersey.





JCC ART GALLERY

NEXT EXHIBITION
SEPTEMBER 29- DECEMBER 3
ARTIST: TBA

**RECEPTION
DATE: SEPT 29
7 PM**

JEWISH COMMUNITY CENTER OF
MIDDLESEX COUNTY
1775 Oak Tree Road, Edison, NJ 08820

Sukkot Luncheon

Thursday October 1, 2026

11:30 am - 2 pm

Early Bird Pricing: Register by Sept 17

\$20/Member; \$24/Guest

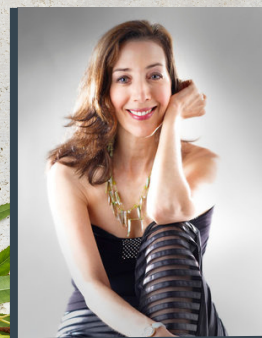
Standard Pricing: Register from Sept 18 - Sept 23

\$22/Member; \$25/Guest

Advance Registration Required.

Sorry no refunds.

**Performance by
Phyliss Chapell**



For more information please contact Liza Feldman at lfeldman@jccmc.org or call the JCC Member Services Desk at 732-494-3232.

This program is co-sponsored by The Jewish Federation in the Heart of New Jersey.



Women Soldiers and Spies of the Civil War

Presenter: Trish Chambers

**Tuesday, July 7, 2026
at 1:30 PM**

Meet the women who became Civil War soldiers and spies. See how their ingenuity and courage helped them succeed - and change history. Performed in period costume.

Members: \$9
Guests: \$12

Please register in advance
Sorry, no refunds



For more information please contact Liza Feldman at lfeldman@jccmc.org or call the JCC Member Services Desk at 732-494-3232.

This program is co-sponsored by The Jewish Federation in the Heart of New Jersey

Yiddish Lessons



Instructor: Naomi Miller

Session dates: July 22, July 29, Aug 5, Aug 12, and Aug 19

**Wednesdays at
1:00 pm– 2:30 pm**

Discover the rich language, culture, and humor of Yiddish in this welcoming 5-week series designed for beginners. No prior knowledge is required - just curiosity and a willingness to learn!

Naomi Miller's first language was Yiddish, having been born to Holocaust survivor parents in a displaced persons camp in Germany. An award-winning teacher and retired speech-language pathologist, she has taught Yiddish for many years through Rutgers University OLLI-RU and other educational and community organizations. Naomi brings expertise, enthusiasm, and a lifelong connection to the language and culture she teaches.

Members: \$60

Guests: \$75

Sorry, no refunds

Minimum # of students: 6

Maximum # of students: 10

Please register by July 15

For more information please contact Liza Feldman at lfeldman@jccmc.org or call the JCC Member Services Desk at 732-494-3232.

This program is co-sponsored by The Jewish Federation in the Heart of New Jersey



Classical Guitar:

A Vessel of Human Culture

Performer: Jack Marcin

**Tuesday, July 28, 2026
at 1:30 PM**



Travel the world without leaving your seat as the guitar comes alive with the rich, expressive sounds of tangos, waltzes, mazurkas, and milongas. Join virtuoso guitarist, composer, and Polish-American artist Jack Marcin for an unforgettable solo performance filled with passion, rhythm, and global flair.

**Free and open to the
community
Registration requested**

For more information please contact Liza Feldman at lfeldman@jccmc.org or call the JCC Member Services Desk at 732-494-3232.

This program is co-sponsored by The Edison Arts Society





Jewish Community Center of Middlesex County
"Community is Our Middle Name"

History of Chocolate & Guided Tasting Experience

Presented by Discover Chocolate

Tuesday, Aug 18, 2026
at 1:30 PM



Taste handcrafted artisan chocolates while discovering the rich history of chocolate - from ancient Mesoamerica to modern confectionery traditions. Learn how chocolate is made and sample a variety of delicious chocolates in this interactive presentation.

Members: \$18

Guests: \$20

Please register in advance

Sorry, no refunds

For more information please contact Liza Feldman at lfeldman@jccmc.org or call the JCC Member Services Desk at 732-494-3232.

This program is co-sponsored by The Jewish Federation in the Heart of New Jersey



Perfect Days!

Feel Good Songs of the 1960s and 70s

Performer: Gordon James

**Tuesday, Sept 8, 2026
at 1:30 PM**



Take a musical trip back to the “Perfect Days” of the 1960s and 70s with feel-good favorites that will have you singing along! Enjoy classics like *I Wanna Hold Your Hand*, *Surfin’ USA*, *My Girl*, *Happy Together*, *September*, and more in this upbeat celebration of the unforgettable hits that defined a generation.

Members: \$9

Guests: \$12

Please register in advance
Sorry, no refunds

For more information please contact Liza Feldman at lfeldman@jccmc.org or call the JCC Member Services Desk at 732-494-3232.

This program is co-sponsored by The Jewish Federation in the Heart of New Jersey



Jewish Community Center of Middlesex County
"Community is Our Middle Name"

Returning Home Again: Anusim, Conversos & Crypto-Jews of New Mexico

Presenters: David Grayson and Arlene Swern
Thursday, Sept 24, 2026 at 1:30 PM

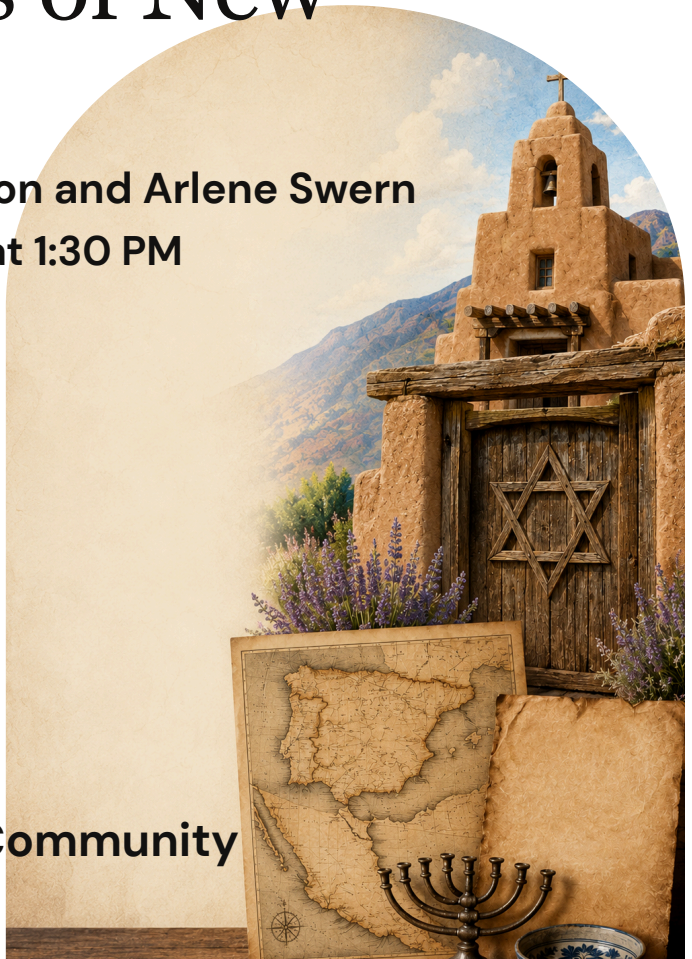
Explore the history of Jewish life in Spain, Mexico, and New Mexico, tracing the impact of the Inquisition and the hidden lives of Crypto-Jews. Discover how generations preserved their heritage in secret and how this unique history continues to shape modern-day New Mexico

Free and Open to the Community

Please register in advance

For more information please contact Liza Feldman at lfeldman@jccmc.org or call the JCC Member Services Desk at 732-494-3232.

This program is co-sponsored by The Jewish Federation in the Heart of New Jersey



JOHN KENRICK PRESENTS...



Tuesday, July 14
1:30pm

Billie Wilder

Nobody's Perfect

He fled Nazi oppression and became the most versatile and successful screenwriter-director in Hollywood. He infuriated some colleagues and was deeply beloved by others. How did the genius behind the tragic Sunset Boulevard also create the classic mystery Witness for the Prosecution and the timeless comedy Some Like It Hot?

Tuesday, August 11
1:30pm

Mario Lanza

Be My Love

This Philadelphia born son of Italian immigrants became one of the most celebrated tenors of his time without singing in great opera houses. How did Lanza become an unlikely film star? And how did ego and self-indulgence lead to his professional decline and shocking death at age 38? We'll look back on his life and turbulent career with glorious film clips and fascinating behind the scenes stories.

Tuesday, September 15
1:30pm

Ethel Merman

Who Could Ask for Anything More?

How did this stenographer from Astoria, Queens -- who never had a voice lesson in her life -- become the belting star of Broadway's golden years? This talk features video of Merman performing songs from Anything Goes, Annie Get Your Gun, and Gypsy, along with a detailed look at her surprising private life.

\$9 - MEMBERS

\$12 - GUESTS

SORRY, NO REFUNDS

Advance registration requested



For more information please contact Liza Feldman at lfeldman@jccmc.org or call the JCC Member Services Desk at 732-494-3232.

This program is co-sponsored by The Jewish Federation in the Heart of New Jersey





Jewish Community Center of Middlesex County
"Community is Our Middle Name"

2026

Back-to-School Supplies Collection






Because every student deserves to start the year prepared.

This summer, the JCC community is coming together to collect school supplies for local families served by **Hands of Hope Food Pantry**.

From backpacks and notebooks to crayons and calculators, every donation helps students begin the school year feeling prepared, confident, and ready to learn.

Join us in making a meaningful difference for children and families in our community.

Most Needed Items

-  Backpacks
-  Pencils & pens
-  Notebooks & folders
-  Crayons & markers
-  Scissors, tape & glue

Collection Dates

Monday, July 6 - Friday, August 7

Drop-off Location

JCC Lobby

Every donation helps a student start the year with confidence.

Hands of Hope For The Community, Inc.
Food Pantry & Soup Kitchen



JCC of Middlesex County

1775 Oak Tree Road, Edison NJ 08820

To learn more visit:

jccmc.org/schoolsupplies or call 732-494-3232.

High Holiday Challah Sale

VARIETY OF CHALLAH TO CHOOSE FROM:

Round Challah: \$7.00
Options include Egg or Raisin

4-pack of Braided Egg
Challah Rolls: \$5.00

**TO PLACE ORDERS
AND FOR MORE
INFORMATION VISIT:
<https://jccmc.org/challasale>**

Please place all orders for
both holidays by Thursday,
September 3rd



CHALLAH SUPPLIED
BY MORDY'S BAKERY
IN HIGHLAND PARK

**Pick-Up for orders will take
place in the JCC Lobby on:**

ROSH HASHANAH ORDERS

Tuesday, September 8th through
Thursday, September 10th
between 9am-5pm

YOM KIPPUR ORDERS

Wednesday, September 16th
through Friday, September 18th
between 9am-5pm

Questions? Ask Hannah Cohn, Director of
Community Engagement and Jewish Life at
hcohn@jccmc.org or 732-494-3232

Challah Baking Class

Thursday, September 17th at 6:00pm

Class led by Carol Becker of
William Greenberg Desserts



Email Hannah Cohn at hcohn@jccmc.org for more details



THE EMPOWERED CAREGIVER

Presented by: Sandeep Aggarwal

Session 3

Join us to learn why certain behaviors are forms of communication and how to become a behavior detective.

Wednesday, July 8th, 12pm

This program is free and open to the community.
Light refreshments will be served.



1775 Oak Tree Road, Edison, NJ 08820

For Questions please contact: Reeta Aggarwal, Volunteer, or Hannah Cohn, Director of Community Engagement and Jewish Life at hcohn@jccmc.org.



THE EMPOWERED CAREGIVER

Presented by: Sandeep Aggarwal

Session 4

Join us to learn how to create
safety and sustainability
for you and your loved one(s).

Wednesday, August 12th, 12pm

This program is free and open to the community.
Light refreshments will be served.



1775 Oak Tree Road, Edison, NJ 08820

For Questions please contact: Reeta Aggarwal, Volunteer, or Hannah Cohn, Director of Community Engagement and Jewish Life at hcohn@jccmc.org.

TCC @ JCC

*The Caregiver Connections at JCC



CAREGIVER WELLNESS GATHERING

A resource and safe space for
the South Asian Community



If you are caring for:

- *Aging parents*
- *A loved one with memory changes*
- *A family member with a chronic illness*

Meeting 1: The 1st Tuesday of every month from 6:00pm - 7:30pm

Meeting 2: The 3rd Thursday of every month from 11:00am - 12:30pm

BOTH AT: 1775 Oak Tree Road
Edison, NJ 08820

- ✓ *Honoring our cultural values while caring for ourselves*
- ✓ *Sharing strength, stories, and solutions*
- ✓ *Setting boundaries without guilt*



For Questions please contact: **Reeta Aggarwal**, Volunteer and **Hannah Cohn**, Director of Community Engagement and Jewish Life at hcohn@jccmc.org or visit us at: <https://jccmc.org/southasiansupportgroup>



BEREAVEMENT SUPPORT GROUPS

Facilitated by

Marnie Kean, LCSW

Owner & Therapist of The Practice with CARE, LLC



Marnie has been a practicing social worker for over 30 years. She specializes in working with adults of all ages, facilitating support groups and connecting people to needed resources.

Please join us in a supportive atmosphere, bringing yourself with an open mind and an open heart.

WEDNESDAYS

Loss of Spouse/Partner @ 3:00PM - 4:00PM

NEW: Loss of Parent @ 4:30PM- 5:30 PM

July 1 and 15, August 12 and 19,
September 16 and 30



Topics may include: sharing positive memories, coping with loss, the six needs of grievers.

For more information and to reserve your spot please contact Marnie Kean at marniekeanlcsw@gmail.com or 732-654-2266.

LIVE WELL @ THE JCC

Live Well @ the JCC focuses on promoting **FITNESS, HEALTH** and **WELLNESS** for our 55+ community

Live Well @ the JCC is grant funded and is offered **FREE** to members of the Edison Community Campus.

Non-members must pay a Live Well @ the JCC registration fee of \$65, which entitles them to participate in all Live Well programs through Sept 2026.

KNITTING FOR A CAUSE

Come join us at our monthly meeting to socialize, share patterns, thoughts and ideas with fellow knitters.

We meet the 3rd Tuesday of the month at 10:30AM. No Knitting in July and August, program resumes in September

Upcoming 2026 Dates:

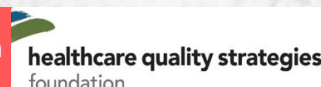
July and August no meeting, summer break
September 15 - Knitting resumes



Jewish Community Center of Middlesex County
"Community is Our Middle Name"

For more information please contact Abby Eisner at abbyeisner855@gmail.com or call the JCC Member Services Desk at 732-494-3232.

This initiative is supported by a grant from the Healthcare Quality Strategies Foundation



LIVE WELL @ THE JCC

Live Well @ the JCC is on hiatus for the summer & will return in September.

Open to Community Campus Members
or Registered
Live Well @ the JCC Participants

Tai Chi - Mondays @ 9:15AM
September 14, 28
NO CLASS Sept 21
Instructor: Bob Matland

Body Fit Strength - Mondays @ 10:15AM
September 14, 28
NO CLASS Sept 21
Instructor: Angela Doerr

Morning Stretch - Mondays @ 11:15AM
September 14, 28
NO CLASS Sept 21
Instructor: Kathi Gladis

Retro Low Impact Aerobics- Tuesdays @ 8:30am
September 8, 15, 22, 29
Instructor: Kathi Gladis

Chair Pilates - Tuesdays @ 11:30am
September 8, 15, 22
Instructor: EJ Djeu

Line Dancing - Wednesdays @ 9:00AM
September 9, 16, 23, 30
Instructor: Sari Levine

Chair Yoga - Wednesdays @ 12 noon
September 9, 16, 23, 30
Instructor: Karen Rosen

Zumba- Thursdays @ 9:00am
September 10, 17, 24
Instructor: EJ Djeu

Stretch, Strength & Mobility - Fridays @ 10:00AM
September 11, 18, 25
Instructor: Angela Doerr



Join Now

For more information please contact Kathi Gladis, Live Well @ the JCC Program Coordinator at kgladis@jccmc.org or call the JCC Member Services Desk at 732-494-3232.

This initiative is supported by:
Healthcare Quality Strategies Foundation & Hackensack Meridian Health



LIVE WELL @ THE JCC

Pelvic Health Lectures

Presenter: Dr. Alexandra Tabakin, MD

Assistant Professor of Surgery, Division of Urology
Rutgers Robert Wood Johnson Medical School

Take Back Control of Your Pelvic Floor: Your Body, Your Power
For Women: Tuesday, July 21 @ 1:30pm

Join Dr. Alexandra Tabakin for an empowering and informative discussion on female pelvic health after menopause. This talk will explore common pelvic floor conditions that many women experience, including symptoms, causes & treatment options. Attendees will gain practical knowledge to better understand their bodies.



Bladder and Prostate Health After 55: What Every Man Should Know

For Men: Tuesday, July 21 @ 2:45pm

Join Dr. Tabakin for a comprehensive conversation on bladder and prostate health for men. Learn about changes that occur as men age, common symptoms and management strategies. Attendees will also have the opportunity to have their questions answered.



✓ Free & Open to the Community

✓ In Person Only

✓ Advance Registration Requested

For more information please contact Kathi Gladis at kgladis@jccmc.org or call the JCC Member Services Desk at 732-494-3232.

This initiative is supported by:

Healthcare Quality Strategies Foundation & Hackensack Meridian Health



LIVE WELL @ THE JCC

SIMPLE STRATEGIES TO KEEP FIT AT HOME: EVERYDAY MOVEMENT EDUCATION

Presenter: Dean Kapatanakis, MSPT, Cert. MDT

TUESDAY, SEPTEMBER 22 @ 1:30PM

Watching TV? Reading? Cooking or cleaning? Believe it or not, these daily activities negatively affect our bodies and fitness levels over time. This presentation will educate you on activities of daily living, their postures and the potential pitfalls we encounter when we neglect mindful movement. Additionally, you will learn exercises you can perform at home to prevent injury.



HEALTH

MINDSET
FITNESS
NUTRITION
FRESH NATURAL IMPROVE
BODY
BALANCE
SLEEP
MOTIVATE
EXERCISE
LIFESTYLE

✓ Free & Open to the Community

✓ In Person Only

✓ Advance Registration Requested

For more information please contact Kathi Gladis at kgladis@jccmc.org or call the JCC Member Services Desk at 732-494-3232.

This initiative is supported by:

Healthcare Quality Strategies Foundation & Hackensack Meridian Health





Jewish Community Center of Middlesex County
"Community is Our Middle Name"



FIGHT BACK AGAINST PARKINSON'S!



Rock Steady Boxing gives people with Parkinson's hope by improving their quality of life through a non-contact boxing based fitness curriculum.

TUESDAYS & THURSDAYS

10AM-11:15AM

\$75/MONTH

(OPEN TO JCC MEMBERS & NON-MEMBERS)

All participants must complete an individual evaluation prior to participating.

(One-time fee of \$20)

Contact Us

📞 732-494-3232 x3605

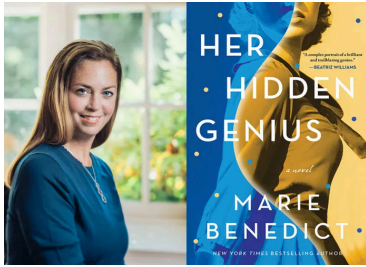
🌐 Laurie Post at Lpost@jccmc.org



JCC BOOK CLUB



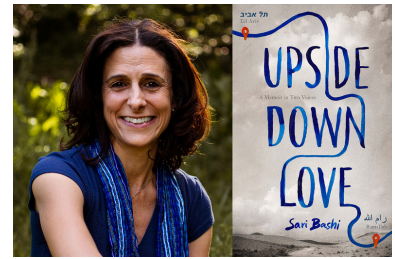
Please join Esther Fendrick, on the **first Tuesday of each month** at 10:00am for a fun and lively book discussion. Free and Open to Community Campus Members only. If you are not yet a Community Campus Member, please join us for one discussion as our guest.



JULY 7, 2026 @ 10am
"Her Hidden Genius"
by Marie Benedict



AUGUST 4, 2026 @ 10am
"Counting Backwards"
by Jacqueline Friedland



SEPTEMBER 1, 2026 @ 10am
**"Upside-Down Love:
A Memoir in Two Voices"**
by Sari Bashi

WOMEN'S DISCUSSION GROUP



Facilitator: Esther Fendrick

DISCUSSION DATES:

Thursday, July 30, 2026 @ 11AM - Ethics v. Morals: What's the Difference?: Join us for an engaging discussion about personal values, laws, technology, and everyday choices. Let's discuss.

Thursday, August 27, 2026 @ 11AM - CANCELED - JCC closed for maintenance

Thursday September 24, 2026 @ 11AM - Living in the Now: Join us for a thoughtful discussion about what it means to "live in the now" and whether staying present can influence happiness, coping, and perspective at every stage of life. Let's discuss.

The JCC Women's Discussion Group is designed for women seeking meaningful daytime learning, interaction and stimulating conversation in a relaxed setting with new and old friends.

- Free and Open to Community Campus Members only.
- If you are not yet a Community Campus Member please join us for one discussion as our guest.

For more information please contact Liza Feldman at lfeldman@jccmc.org or call the JCC Member Services Desk at 732-494-3232.

These programs are co-sponsored by The Jewish Federation in the Heart of New Jersey.



ADULT CLUB OF THE JCC OF MIDDLESEX COUNTY

The JCC Adult Club meets twice each month for a delicious lunch, a brief business meeting, and an enjoyable program featuring entertainment, education, or special guest speakers.

Our members enjoy meaningful connections, lively conversation, and the opportunity to make a positive impact. Through luncheon fees and raffles, the Club proudly supports the JCC and the broader community. Whether you've been part of the JCC family for years or are looking to meet new friends, you'll find a warm and welcoming group here. **New members are warmly welcomed.**

Annual Membership: \$20 for per person. Guests MAY attend up to 2 lunches at guest rate prior to joining the Adult Club.

Upcoming Luncheons:

Thursdays @ 11:30AM - 2 PM - July 2, August 6, and September 3 and 17

Early Bird Pricing by noon Friday before lunch: **\$12/Adult Club Member;**
\$14/Guest

After Friday at noon: **\$16/Adult Club Member; \$18 for Guest**

Reservations Required: RSVP to the JCC Member Services Desk @ 732-494-3232, or email to lfeldman@jccmc.org, online <https://jccmc.org> by 12pm on the **Friday before the luncheon.**

Advance payment online or at the JCC front desk is encouraged.

New Members Welcome

Join Us

For more information please contact Liza Feldman at lfeldman@jccmc.org or call the JCC Member Services Desk at 732-494-3232.

JCC Men's Group



THE JCC MEN'S GROUP IS DESIGNED FOR MEN SEEKING MEANINGFUL DAYTIME SOCIALIZATION, LEARNING AND INTERACTION IN A RELAXED SETTING, WITH MEN OF SIMILAR AGE.

Wednesday mornings from 10:30AM-11:30AM

**Free and open to JCC/Community Campus Members Only
Facilitator: Adam Glinn**

July, August and September 2026 TOPIC SCHEDULE

July 1: NO MEN'S GROUP - NO MEN'S GROUP - Week off for July 4 holiday recess. Men's Group will resume on July 8, 2026.

July 8: What's Up?

July 15: The Rise of Reality TV...is it good or bad for Society?

July 22: The NATO Alliance, is it still important, or is it obsolete?

July 29: What is your role and responsibility in the world?

August 5: The Mid-term Elections...Here We Go!

August 12: What's Up?

August 19: NO MEN'S GROUP - Week off for August recess. Men's Group will resume on September 9, 2026.

August 26: NO MEN'S GROUP - Week off for August recess & JCC shutdown week. Men's Group will resume on September 9, 2026.

September 2: NO MEN'S GROUP - Week off for end of summer recess & JCC shutdown week. Men's Group will resume on September 9, 2026.

September 9: What's Up?

September 16: The 2028 Presidential candidates, Never too early to speculate.

September 23: The U.S. Supreme Court...is it broken or is it working properly?

September 30: The Nuremberg Trials Verdict, on this day in 1946.

**Bagels and coffee will be served. Meet new friends; see old friends.
"What happens in Men's Group stays in Men's Group." Join us!!**

For more information please contact Liza Feldman at lfeldman@jccmc.org or call the JCC Member Services Desk at 732-494-3232.

This program is co-sponsored by The Jewish Federation in the Heart of New Jersey.



GAMES AT JCC

ALL WEEKLY GAMES ARE FREE AND OPEN TO COMMUNITY
CAMPUS MEMBERS ONLY.

NO GAMES WEEK OF AUGUST 24- 28



**MODERN AMERICAN CANASTA
EVENING**

Mondays, 6:00PM - 8:30 PM
Weekly
No Games - Aug 24, Sept 7 and 21



SOCIAL BRIDGE

Fridays, 12:30PM - 3:00 PM
Weekly
No Games - Aug 28



RUMMIKUB- NEW!

Tuesdays, 3:00PM - 5:00 PM
Weekly
No Games - Aug 25



**MODERN AMERICAN CANASTA
AFTERNOON**

Fridays, 1:00PM - 4:00 PM
Weekly
No Games - Aug 28
Sept 11 and Sept 25 - 1:00 - 3:00 PM



MAH JONGG

Thursdays, 1:00PM - 4:30 PM
Weekly
No Games - Aug 27



Jewish Community Center of Middlesex County
"Community is Our Middle Name"



For more information please contact Liza Feldman at lfeldman@jccmc.org or call the JCC Member Services Desk at 732-494-3232.



Jewish Community Center of Middlesex County
"Community is Our Middle Name"

HOW TO REGISTER *for Programs*



BY PHONE:
732-494-3232

For programs offered free of charge only



ONLINE:
<https://jccmc.org/>
Scroll to "Register for Programs"



IN PERSON:
Stop by either Front Desk



Many programs require or request
advanced registration.

*Register soon so
you don't miss out!*



Save the Date

FALL 
PICKLEBALL
TOURNAMENT

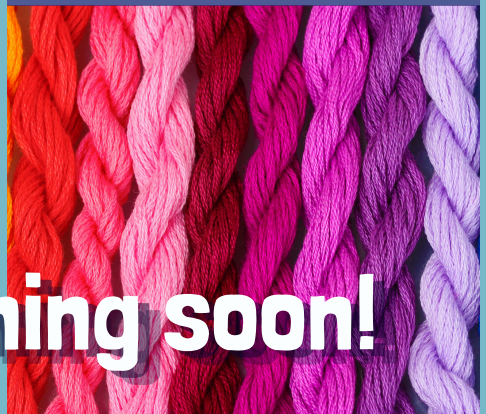
TUESDAY, OCTOBER 6

"SIP &
STITCH"
HAND –
EMBROIDERY
WORKSHOP

THURSDAY,
OCTOBER 22
7PM

BINGO @
THE JCC

SUNDAY, OCTOBER 18
FROM 12PM–2PM



8

More info coming soon!

THE JCC OF MIDDLESEX COUNTY & MENCH CHAPTER OF HADASSAH

present



SATURDAY, NOVEMBER 14- 6:30PM @ THE JCC

Plus Dinner
from Deli King

(Doors Open @ 6:00 pm)

QUESTIONS? Aimee Braverman (MENCH) 732-261-5107 or
Hannah Cohn (JCC) hcohn@jccmc.org / 732-494-3232



732-494-3232

PLEASE REGISTER BY NOVEMBER 5. WE CANNOT ACCEPT WALK-INS!

Register 8-10 people together and we will reserve a table for you.

NAME: _____

ADDRESS: _____

EMAIL: _____ CELL PHONE(____) _____

(Mail checks made payable to JCC of Middlesex County- 1775 Oak Tree Rd. Edison, NJ 08820)

CHECK ONE:

- | | | |
|--|---|---|
| <input type="checkbox"/> Early Bird (by 10/30) -- \$75 pp | <input type="checkbox"/> Patron Couple -- \$200 | <input type="checkbox"/> Diamond Patron Couple -- \$360 |
| <input type="checkbox"/> General Admission (10/31-11/5) -- \$85 pp | <input type="checkbox"/> Patron Single -- \$100 | <input type="checkbox"/> Diamond Patron Single -- \$180 |

Amount Enclosed: _____

B.Y.O.B

PLEASE INDICATE THE NUMBER OF PEOPLE REQUESTING EACH MEAL

If different meals are selected, please write the person's first name under each selection

____ Sloppy Joe ____ Turkey/Rye ____ Turkey/Gluten Free Bread ____ Tuna Wrap ____ Grilled Veggie Wrap

JULY

July 1, 2026 @10:30 am
@ 3:00 pm
@ 4:30 pm
July 2, 2026 @11:30 am
July 4, 2026
July 7, 2026 @ 10:00 am
@ 1:30 pm
@ 6:00 pm
July 8, 2026 @ 10:30 am
@ 12 pm
July 14, 2026 @ 1:30 pm
July 15, 2026 @10:30 am
@ 3:00 pm
@ 4:30 pm
July 16, 2026 @ 11:00 am
July 21, 2026 @ 1:30 pm
@ 2:45 pm
July 22, 2026 @ 10:30am
@1:00 pm
July 28, 2026 @1:30 pm
July 29, 2026 @10:30 am
@ 1:00 pm
July 30, 2026 @ 11:00 am

All programs are In-Person Only unless otherwise specified.

NO MEN'S GROUP
BEREAVEMENT SUPPORT GROUP - LOSS OF SPOUSE
BEREAVEMENT SUPPORT GROUP - LOSS OF PARENT
ADULT CLUB LUNCHEON
JCC CLOSED FOR INDEPENDENCE DAY
BOOK CLUB - ""Her Hidden Genius" by Marie Benedict
WOMEN SOLDIERS AND SPIES OF THE CIVIL WAR
CAREGIVERS SUPPORT GROUP
MEN'S GROUP
THE EMPOWERED CAREGIVER
JOHN KENRICK PRESENTS "Billie Wilder"
MEN'S GROUP
BEREAVEMENT SUPPORT GROUP - LOSS OF SPOUSE
BEREAVEMENT SUPPORT GROUP - LOSS OF PARENT
CAREGIVERS SUPPORT GROUP
TAKE BACK CONTROL OF YOUR PELVIC FLOOR for Women
BLADDER AND PROSTATE HEALTH AFTER 55 for Men
MEN'S GROUP
YIDDISH LESSONS
JACK MARCIN: CLASSICAL GUITAR
MEN'S GROUP
YIDDISH LESSONS
WOMEN'S DISCUSSION GROUP

AUGUST

Aug 4, 2026 @ 10:00am
@ 6:00 pm
Aug 5, 2026 @ 10:30am
@ 1:00 pm
Aug 6, 2026 @ 11:30 am
Aug 11, 2026 @ 1:30 pm
Aug 12, 2026 @ 10:30 am
@ 12 pm
@ 1:00 pm
@ 3:00 pm
@ 4:30 pm
Aug 13, 2026 @ 8:15 am
Aug 18, 2026 @ 1:30 pm
Aug 19, 2026 @ 10:30 am
@ 1:00 pm
@ 3:00 pm
@ 4:30 pm
Aug 20, 2026 @11:00 am
Aug 26, 2026 @10:30 am
Aug 24 - Aug 28, 2026

BOOK CLUB- "Counting Backwards" by Jacqueline Friedland
CAREGIVERS SUPPORT GROUP
MEN'S GROUP
YIDDISH LESSONS
ADULT CLUB LUNCH
JOHN KENRICK PRESENTS "Mario Lanza"
MEN'S GROUP
THE EMPOWERED CAREGIVER
YIDDISH LESSONS
BEREAVEMENT SUPPORT GROUP - LOSS OF SPOUSE
BEREAVEMENT SUPPORT GROUP - LOSS OF PARENT
MAH JONGG TOURNAMENT
CHOCOLATE TASTING
NO MEN'S GROUP
YIDDISH LESSONS
BEREAVEMENT SUPPORT GROUP - LOSS OF SPOUSE
BEREAVEMENT SUPPORT GROUP - LOSS OF PARENT
CAREGIVERS SUPPORT GROUP
NO MEN'S GROUP
NO PROGRAMS - JCC CLOSED FOR BUILDING MAINTENANCE

SEPTEMBER

All programs are In-Person Only unless otherwise specified.

Sept 1, 2026 @ 10:00 am @ 6:00 pm	BOOK CLUB - "Upside-Down Love: A Memoir in Two Voices" Sari Bashi CAREGIVERS SUPPORT GROUP
Sept 2, 2026 @10:30 am	NO MEN'S GROUP
Sept 3, 2026 @ 11:30 am	ADULT CLUB LUNCH
Sept 7, 2026	JCC CLOSED FOR LABOR DAY
Sept 8, 2026 @ 9:00 am @ 1:30 pm	ROSH HASHANA CHALLAH SALE PICK UP BEGINS GORDON JAMES ' "Perfect Days!"
Sept 9, 2026 @ 10:30 am	MEN'S GROUP
Sept 15, 2026 @ 10:30 am @1:30 pm	KNITTING FOR A CAUSE JOHN KENRICK PRESENTS "Ethel Merman"
Sept 16, 2026 @ 9:00 am @ 10:30 am @ 3:00 pm @ 4:30 pm @ 6:30 pm	YOM KIPPUR CHALLAH SALE PICK UP BEGINS MEN'S GROUP BEREAVEMENT SUPPORT GROUP - LOSS OF SPOUSE BEREAVEMENT SUPPORT GROUP - LOSS OF PARENT MAH JONGG LESSONS
Sept 17, 2026 @ 11:00 am @ 11:30 am @ 6:00 pm	CAREGIVERS SUPPORT GROUP ADULT CLUB LUNCH CHALLAH BAKE
Sept 22, 2026 @ 1:30 pm @ 6:30 pm	LIVE WELL @THE JCC LECTURE- Everyday Movement Education MAH JONGG LESSONS
Sept 23, 2026 @ 10:30 am	MEN'S GROUP
Sept 24, 2026 @ 11:00 am @ 1:30 pm	WOMEN'S DISCUSSION GROUP ANUSIM, CONVERSOS AND CRYPTO-JEWS OF NEW MEXICO
Sept 29, 2026 @ 6:30 pm	MAH JONGG LESSONS
Sept 30, 2026 @ 10:30 am @ 3:00 pm @ 4:30 pm	MEN'S GROUP BEREAVEMENT SUPPORT GROUP - LOSS OF SPOUSE BEREAVEMENT SUPPORT GROUP - LOSS OF PARENT

THE STAFF AND BOARD OF DIRECTORS OF THE JEWISH COMMUNITY CENTER OF MIDDLESEX COUNTY

Wish you and your loved ones a
Happy, Healthy and
Sweet New Year!

*Shana Tovah
U'Metukah!*



JCC Closures

Saturday, July 4
JCC/YMCA Closed

August 24- 28
JCC CLOSED - No Programs offered;
YMCA Open

Friday, September 11
JCC closes at 4 pm

Saturday, September 12 and
Sunday September 13
JCC/YMCA closed for Rosh
Hashanah

Sunday, September 20
JCC closed at 4 pm

Monday, September 21
JCC/YMCA Closed for Yom Kippur

Friday, September 25
JCC Closed at 4 pm

Saturday, September 26 and
Sunday, September 27
JCC Closed for Sukkot

Friday, October 2
JCC closed at 4 pm

Saturday, October 3 and Sunday,
October 4
JCC Closed for Simchat Torah


MIDDLESEX
COUNTY • NJ

The Arts Institute

OF MIDDLESEX COUNTY

// Folklife and Cultural Heritage
// Education, Outreach & Administration //
Arts and Community Development
// History and Historic Preservation

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 @artsinstittuemc // @thevillageatmc

 Arts Institute of Middlesex County // East Jersey Old Town Village

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Love
the Arts



healthcare quality strategies
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Jewish Federation
IN THE HEART OF NEW JERSEY



Adam Glinn, President & Chief Executive Officer
Liza Feldman, Director of Adult Enrichment & Engagement
Hannah Cohn, Director of Community Engagement & Jewish Life
Lindsay Norman, Director of Special Projects & Initiatives
Talia Tor, Senior Development Officer
Kathi Gladis, Program Coordinator of Live Well @ the JCC

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