

Winter
2026

Engage, Enlighten, Entertain, Enrich.

JCC Programs for Adults

1775 Oak Tree Road, Edison, NJ 08820 / www.jccmc.org / 732-494-3232



Jewish Community Center of Middlesex County
"Community is Our Middle Name"

THE JCC PROUDLY WELCOMES OUR NEW TEAM MEMBERS!



Hannah Cohn
Director of Community
Engagement & Jewish Life

Hannah Cohn recently joined the JCC staff in July 2025 as the Director of Community Engagement and Jewish Life.

Hannah is a public affairs and social impact professional with experience in community engagement, DEI strategy, and grassroots organizing. She has worked across several sectors from corporate research at National Journal to advocacy roles with the Associated General Contractors of California and national political campaigns.

A Rutgers graduate with a background in environmental policy, political science, and psychology, Hannah is passionate about driving change through outreach, coalition-building, and civic engagement. She is from West Orange, New Jersey.



Aaron Golden

Finance and Accounting Manager

Aaron Golden joined the JCC in May of 2025 as the Finance and Accounting Manager. He is a graduate of Lehigh University with a B.S. in Analytical Finance and Business Economics.

Prior to joining the JCC, Aaron spent four years at PayPal, where he underwrote over \$125 million in small business loans and led initiatives supporting customer recovery and collections during the pandemic. He then joined Strike, a bitcoin startup, where he managed the customer service team, oversaw daily support operations, and helped streamline processes during a period of rapid growth.

Aaron is currently pursuing an online Data Science Certificate through MIT and looks forward to applying what he learns to enhance operations and insights at the JCC. He currently lives in Marlboro, New Jersey, where he grew up.



Liza Feldman
Director of Adult Enrichment
and Engagement

Liza Feldman joined the JCC in October 2025 as the Director of Adult Enrichment & Engagement. She brings extensive experience in adult-focused higher education, health and wellness programming, and Jewish communal engagement.

Liza holds both a bachelor's and master's degree in Anthropology from the University at Albany. She is also a certified yoga and mindfulness instructor, inspiring a culture of balance, wellbeing, and mindful engagement in her work.

Originally from Brooklyn, NY, Liza recently relocated from Western Massachusetts to Monroe Township, NJ. She looks forward to fostering meaningful connections and creating enriching experiences that support lifelong learning and community involvement.



Jewish Community Center of Middlesex County
"Community is Our Middle Name"



Temple Emanu-El
WHERE DIVERSITY EQUALS STRENGTH

Marion and Norman Tanzman Center for LifeLong Living

CREATE YOUR LEGACY. BUILD OUR FUTURE.

Be part of our new building addition with a
personalized commemorative paver.

- ✦ Honor a loved one
- ✦ Celebrate a simcha
- ✦ Show your family's support

Your engraved paver will be a lasting
tribute—and help strengthen our
community for generations.

SMALL (5 Lines): \$450

MEDIUM (8 Lines): \$900

LARGE (8 Lines): \$1,800



Scan the QR code or visit:
www.jccmc.org/pavers
to reserve your paver.

Please contact Talia Tor at Ttor@jccmc.org or Dana Sheckman at
executivedirector@edison temple.org for more information.



**The Jewish Community Center of Middlesex County
& Temple Emanu-El of Edison**

**February 7, 2026 7:00pm - 11:00pm
1775 Oak Tree Road, Edison**

Tickets:

\$150 (\$5,000 in chips)

Sponsorships:

Event Naming Sponsor \$10,000

Event will be named after you and you get 10 tickets

Table Sponsor \$5,000

Table will be named for you and you get 8 tickets

Buffet Sponsor \$3,600

Buffet will be named for you and you get 6 tickets

Open Bar Sponsor \$1,800

Open Bar is named for you and you get 4 tickets

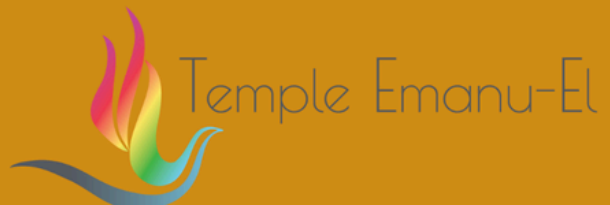
Up to \$5,000 in Prize Money!
(based on 75 players)

Open Bar and Buffet!

Rebuys and Add-Ons!

Register using this link:

<https://jccmc.org/poker>





JCC PURIM CARNIVAL!



SUNDAY, MARCH 1ST
11am-2pm

1775 OAK TREE ROAD
EDISON, NJ 08820

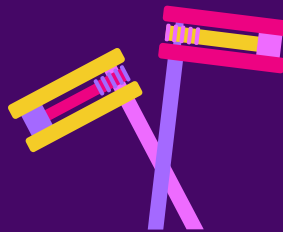


**FREE GAMES, FREE ADMISSION
FOR PURCHASE: FOOD, TICKETS TO
LIVE SHOW**



Go To: <https://jccmc.org/purim> For More Details

**OR CONTACT HANNAH COHN AT 732-494-3232 OR
HCOHN@JCCMC.ORG FOR MORE INFORMATION**



Jewish Community Center of Middlesex County
"Community is Our Middle Name"



Jewish Federation
HEART OF NEW JERSEY



Model Seder

A traditional holiday meal will be served.

Date: Thursday March 26, 2026

Time: 11:00am - 2:00pm

An abridged Model Seder will be facilitated
by Rabbi Vicki Axe of Temple Emanu-El .

EARLY BIRD PRICING

(Register by March 12)

\$20/Member; \$24/Guest

STANDARD PRICING

(Register from March 13 - March 17 at
Noon)

\$22/Member; \$25/Guest

Sorry no refunds.

Musical Entertainment by Alliana Lili Yang

At just 15, this powerhouse vocalist, actor, and dancer from the San Francisco Bay Area has already captured audiences with her talent and passion. Trained in voice, piano, dance, and musical theatre since age four, Alliana brings a dazzling mix of Broadway, pop, and light opera to the stage. A multi-award-winning performer, she continues to inspire and give back through community events and performances that shine with heart and joy.

TO REGISTER:

Go to www.jccmc.org/model-seder or call
the JCC Member Services Desk at 732-494-3232.

For more information please contact Liza Feldman, Director of Adult Enrichment & Engagement at
732-593-5969 or lfeldman@jccmc.org.

This program is co-sponsored by The Jewish Federation in the Heart of New Jersey.



GOLDEN AGE GALS

FREE
AND OPEN TO THE
COMMUNITY

RENEE MCFILLIN

**Step back in time and
sparkle a little brighter
with a fun, heart-filled trip
through some of
Broadway's most iconic
tunes. From sassy
showgirls to hopeless
romantics, these gals belt,
banter, and bring the
golden age back to life...
all in one hour**



TUESDAY
January 6, 2026

1:30- 2:30 PM

For more information please contact Liza Feldman at lfeldman@jccmc.org
or call the JCC Member Services Desk at 732-494-3232.

This event is co-sponsored by the Edison Arts Society



JOHN KENRICK PRESENTS...

**Tuesday January 13 @
1:30pm**

THE GILDED AGE

The History, The HBO Series & It's Stars

The Gilded Age is one of the most entertaining drama series on television today, and uncannily timely. John Kenrick will cover the era that inspired it, the show itself and fascinating behind the scenes stories of the Broadway star studded cast and creative team.

**Tuesday February 10 @
1:30pm**

LENA HORNE

Smashing Barriers

With a unique blend of extraordinary beauty, talent and grit, this black vocalist overcame a troubled family life, the bigotry of the Jim Crow era, and the cluelessness of Hollywood to become a musical icon. Entertainment historian John Kenrick returns to celebrate the legacy of a show business legend with backstage stories and exciting performance videos.

**Tuesday March 10 @
1:30pm**

DON RICKLES

The Merchant of Venom

This genuinely kind-hearted Jackson Heights native went from supporting film roles to discover fame as a celebrated insult comic. How did Frank Sinatra play a vital role in Don's success? And how did audience members come to crave being insulted by Rickles? We will cover his life and career with hilarious unexpurgated clips from his TV and nightclub appearances.

Advance registration requested

\$9 - MEMBERS

\$12 - GUESTS

SORRY, NO REFUNDS

For more information please contact Liza Feldman at lfeldman@jccmc.org or call the JCC Member Services Desk at 732-494-3232.

This program is co-sponsored by The Jewish Federation in the Heart of New Jersey



Improv Workshop

Presented by McCarter Theatre Center

Discover the fun and creativity of Improv!

Improv is the art of acting without a script - a playful, energizing way to express yourself, connect with others, and try something new.

Presenter: AC Horton

In this one-hour workshop, you'll:

- ★ Play group games and interactive activities
- ★ Build community through laughter and connection
- ★ Practice deep and active listening
- ★ Trust your creative instincts
- ★ Learn to say "Yes, and..." to new possibilities!

This workshop is designed for everyone, regardless of theater background

Tuesday, Jan 20, 2026

1:30-2:30 PM

Free and Open to the Community

Advance registration requested - space is limited

For more information please contact Liza Feldman at lfeldman@jccmc.org or call the JCC Member Services Desk at 732-494-3232.

This program is co-sponsored by the Edison Arts Society





WOMEN JUSTICES OF THE SUPREME COURT

Presenter: Trish Chambers

TUESDAY, FEBRUARY 17, 2026

1:30- 2:30 PM

**\$9 MEMBERS - \$12 GUESTS
ADVANCE REGISTRATION REQUESTED
SORRY NO REFUNDS**

It took 191 years for a woman to join the U.S. Supreme Court. Since then, four extraordinary women – **Sandra Day O'Connor, Ruth Bader Ginsburg, Sonia Sotomayor, and Elena Kagan** – have helped shape the Court and the nation.

Join **Trish Chambers** for an engaging look at how these trailblazing justices broke barriers, made history, and influenced the interpretation of the U.S. Constitution.



For more information please contact Liza Feldman at lfeldman@jccmc.org or call the JCC Member Services Desk at 732-494-3232.

A Matter of Balance: Fall Prevention Program



**THURSDAY,
FEBRUARY 19**

**LUNCH: 11:30 AM
LECTURE: 1:00 PM**



You Will Learn How To:

- View falls as controllable
- Set personal goals for increasing activity
- Make changes to reduce fall risks at home



LUNCH AND LECTURE PROGRAM

COST: Lunch & Lecture for members of the JCC Adult Club: \$12

Lunch & Lecture for non-members of the JCC Adult Club: \$14

Lecture Only: FREE and Open to Community

Advance Registration Required by February 16. Sorry, no refunds.

MIDDLESEX
COUNTY • NJ

**EMPOWERING SENIORS
FALL PREVENTION NETWORK**

Building Pathways to Independence

In Partnership With:

RWJ Barnabas Robert Wood Johnson
HEALTH University Hospital

For more information please contact Liza Feldman at lfeldman@jccmc.org
or call the JCC Member Services Desk at 732-494-3232.

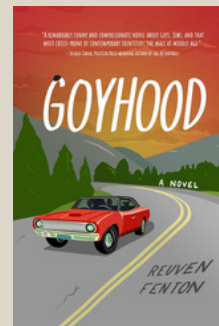
Goyhood: Reuven Fenton's Journey to Jewish Identity

A JBC Author Series Event at the JCC of Middlesex County

Wednesday, February 18th at 7pm



Experience Reuven's incredible story of faith, family, and identity. Books will be available for purchase and signing, so don't miss out on this unique opportunity! Q&A and Book Signing to Follow



Light Refreshments will be served
\$36- VIP Registration (includes signed book)
\$10- Members \$12- Non-members
REGISTRATION REQUIRED AT:
www.jccmc.org/goyhood

Join the JCC of Middlesex County as we celebrate Women's History Month: An Evening with Alyson Richman and her book *The Missing Pages*

A JBC Author Series Event
at the JCC of Middlesex County

TUESDAY, MARCH 24TH AT 7PM

Light Refreshments will be served

\$36 - VIP Registration (includes signed book)

\$10- Members

\$12- Non-members

REGISTRATION REQUIRED AT: <https://jccmc.org/missingpages>



*Join us for an engaging
discussion on family legacy
and the resilience of memory.*



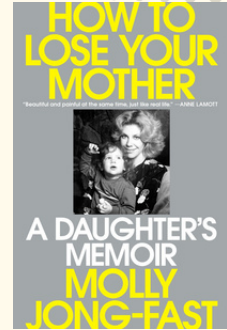
How to Lose Your Mother: An Evening with **Molly Jong-Fast**

A JBC Author Series Event at the JCC of Middlesex County

**Wednesday, May 6th at
7pm**

Join us for a candid discussion with acclaimed writer Molly Jong-Fast about her memoir, *How to Lose Your Mother*. Explore themes of resilience and identity. Books will be available for purchase and signing.

**New
date!**



Molly Jong-Fast has written for a wide range of outlets including The Daily Beast, The Atlantic, Vanity Fair, Glamour, and Vogue. Since January 2024, she has appeared regularly on MSNBC as a political analyst for Deadline: White House, The ReidOut, The Beat with Ari Melber, and Morning Joe.

Light Refreshments will be served

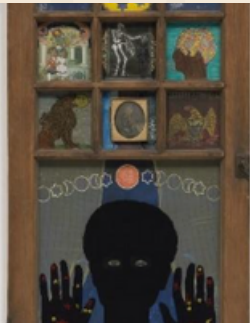
\$36- VIP Registration (includes signed book)

\$10- Members

\$12- Non-members

Registration Required AT:

<https://jccmc.org/howto loseyourmother>



**In Recognition of
Black History Month**



ART BY AFRICAN AMERICANS: FROM THE PROTESTS OF THE '60S TO THE AGE OF BLACK LIVES MATTER

PRESENTER: JANET MANDEL

At the dawn of the Civil Rights Movement, African American artists were inspired not only to create amazing works, but to agitate for fundamental change in the art world. After being marginalized and ignored for so long, they demanded greater representation of their work in museums. Join us to enjoy the rich contributions these pioneers made to American culture. We will see some of the work that continues to astonish art lovers today.



Tuesday February 24, 2026

1:30- 2:30 PM

**Free and Open to the Community
Registration Requested**

For more information please contact Liza Feldman at lfeldman@jccmc.org
or call the JCC Member Services Desk at 732-494-3232.

This program is co-sponsored by the Edison Arts Society



FROM SINAI TO SEINFELD: THE RISE OF JEWISH COMEDIANS IN AMERICAN CULTURE

Were Jews always known for their sense of humor?

For much of history, Jewish communities were seen as serious or solemn. Yet by 1978, Time Magazine reported that 80% of American stand-up comedians were Jewish. So what changed?

Join us for a lively journey through the evolution of Jewish comedy- from its roots in immigrant neighborhoods and the Borscht Belt, to the golden age of TV and today's biggest stars. Enjoy stories, clips, and insights into the comedians who shaped American humor.

TUESDAY, MARCH 3, 2026
1:30- 2:30 PM

Presenter: Larry Wolfert,
educator, lifelong comedy
enthusiast, and Brooklyn native.

Members: \$9
Non-Members: \$12

Sorry no refunds

ADVANCE REGISTRATION REQUESTED



For more information please contact Liza Feldman at lfeldman@jccmc.org
or call the JCC Member Services Desk at 732-494-3232.



NOBODY'S HART: LYRICS BY LORENZ HART



Performer: DIANA SHEEHAN

Award-Winning Actor & Cabaret Artist

Join **Diana Sheehan** for a captivating musical tribute to the timeless Rodgers & Hart songbook, highlighting the inventive genius of lyricist Lorenz Hart.

Enjoy classics including "Manhattan," "My Funny Valentine," "I Could Write a Book," and many others.

TUESDAY, MARCH 17, 2026

1:30– 2:30 PM

\$9
MEMBERS
\$12
GUESTS

Advance registration
requested
Sorry, no refunds



For more information please contact Liza Feldman at lfeldman@jccmc.org
or call the JCC Member Services Desk at 732-494-3232.

LIVE WELL @ THE JCC

SPINAL HEALTH

THURSDAY, JAN. 29 @ 1:30PM

**PRESENTER: WYLIE LOPEZ, MD,
BOARD CERTIFIED ORTHOPEDIC SPINE SURGEON,
OIB ORTHOPEDICS, A DIVISION OF ORTHONJ.**

An educational overview of common spinal pathologies, how to diagnose them, their management and when to see a spinal surgeon for surgical consultation. It emphasizes that surgery is the last line of defense, with most conditions being managed conservatively.

Find Relief

Feel Better

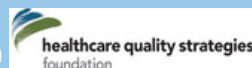
Restore Balance

- ✓ Free & Open to the Community
- ✓ In Person Only
- ✓ Advance Registration Requested

For more information please contact Kathi Gladis at kgladis@jccmc.org or call the JCC Member Services Desk at 732-494-3232.

This initiative is supported by:

Healthcare Quality Strategies Foundation & Hackensack Meridian Health



Live Well @ the JCC

Understanding Advanced Directives

PALLIATIVE VS. HOSPICE CARE

Tuesday, March 24 @ 1:30PM

PRESENTER: STEPHANIE DEPIANO,
LSW, SOCIAL WORKER, PALLIATIVE
CARE DEPARTMENT AT
HACKENSACK MERIDIAN

Join us for an informative session exploring why Advance Directives are essential in planning for future healthcare needs. Learn the key differences between palliative care and hospice care, and how each supports patients and families during serious illness. This lecture will provide valuable guidance to help you make informed decisions for yourself and your loved ones.

- Free & Open to the Community
- In Person Only
- Advance Registration Requested



For more information please contact Kathi Gladis at kgladis@jccmc.org or call the JCC Member Services Desk at 732-494-3232.

This initiative is supported by:

Healthcare Quality Strategies Foundation & Hackensack Meridian Health



LIVE WELL @ THE JCC

Open to Community Campus
Members or Registered
Live Well @ The JCC Participants

JOIN NOW



Tai Chi - Mondays @ 9:15AM

January 5, 12, 19, 26

February 2, 9, 16, 23

March 2, 9, 16, 23, 30

Instructor: TBD

Body Fit Strength - Mondays @ 10:15AM

January 5, 12, 19, 26

February 2, 9, 16, 23

March 2, 9, 16, 23, 30

Instructor: Angela Doerr

Zumba Gold - Tuesdays @ 9:00AM

January 6, 13, 20, 27

February 3, 10, 17, 24

March 3, 10, 17, 24, 31

Instructor: Laurie Fechter

Chair Pilates - Tuesdays @ 11:30am

January 6, 13, 20, 27

February 3, 10, 17, 24

March 3, 10, 17, 24, 31

Instructor: EJ Djeu

Line Dancing - Wednesdays @ 9:00AM

January 7, 14, 21, 28

February 4, 11, 18, 25

March 4, 11, 18, 25

Instructor: Sari Levine

Chair Yoga - Wednesdays @ 12 noon

January 7, 14, 21, 28

February 4, 11, 18, 25

March 4, 11, 18, 25

Instructor: Karen Rosen

Retro Low Impact Aerobics - Thursdays @ 8:30AM

January 8, 15, 22, 29 (JCC Closed Jan 1)

February 5, 12, 19, 26

March 5, 12, 19, 26

Instructor: Kathi Gladis

Stretch, Strength & Mobility - Fridays @ 10:00AM

January 29, 16, 23, 30

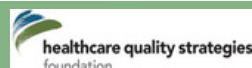
February 6, 13, 20, 27

March 6, 13, 20, 27

Instructor: Angela Doerr

For more information please contact Kathi Gladis, Live Well @ the JCC Program Coordinator at kgladis@jccmc.org or call the JCC Member Services Desk at 732-494-3232.

This initiative is supported by:
Healthcare Quality Strategies Foundation & Hackensack Meridian Health



LIVE WELL @ THE JCC

KNITTING FOR A CAUSE

Come join us at our monthly meeting to socialize, share patterns, thoughts and ideas with fellow knitters.

We meet the 3rd Tuesday of the month (September - June) at 10:30AM

Upcoming 2026 Dates:

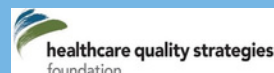
January 13 (the 2nd Tuesday)

February 17

March 17

For more information please contact Abby Eisner at abbyeisner855@gmail.com or call the JCC Member Services Desk at 732-494-3232.

This initiative is supported by a grant from the Healthcare Quality Strategies Foundation



BEREAVEMENT SUPPORT GROUP

FACILITATOR - Marnie Kean, LCSW

Owner & Therapist of The Practice with CARE, LLC

Marnie has been a practicing social worker for over 30 years. She specializes in working with adults of all ages, facilitating support groups and connecting people to needed resources.

Please join us in a supportive atmosphere,
bringing yourself with an open mind and an open heart.

WEDNESDAYS @ 3:00PM - 4:00PM

UPCOMING 2026 MEETING DATES:

January 14 & 28, February 11 & 25, March 11 & 25

(Topics may include: sharing positive memories, coping with loss, the seven stages of grief.)

For more information please contact the JCC Member Services Desk at 732-494-3232.



This program is co-sponsored by The Jewish Federation in the Heart of New Jersey.





Jewish Community Center of Middlesex County
"Community is Our Middle Name"



FIGHT BACK AGAINST PARKINSON'S!

Rock Steady Boxing gives people with Parkinson's hope by improving their quality of life through a non-contact boxing based fitness curriculum.



TUESDAYS & THURSDAYS

10AM-11:15AM

\$75/MONTH

(OPEN TO JCC MEMBERS & NON-MEMBERS)

**All participants must
complete an individual
evaluation prior to
participating.**

(One-time fee of \$20)

Contact Us

📞 732-494-3232 x3605

🌐 Laurie Post at Lpost@jccmc.org

**ROCK STEADY
BOXING**

JCC of MIDDLESEX COUNTY

ADULT CLUB OF THE JCC OF MIDDLESEX COUNTY

The JCC Adult Club usually meets two times each month to enjoy a delicious lunch, a brief business meeting and a program of entertainment and/or education. Funds are raised through luncheon fees and raffles allowing the Club members to “give back” to the JCC and the community. Members care for the JCC and are supportive of each other. Friends, new and old, come together and share thoughts, opinions and personal stories. The Club has a rich history and continues to look towards the future. Please consider joining us! New members are warmly welcomed. Membership fee: \$20 for one year.

Questions? Contact Liza Feldman, Director of Adult Enrichment & Engagement:
lfeldman@jccmc.org or 732-593-5969.

Upcoming Luncheons:

Thursdays @ 11:30AM - January 8 & 22, February 5 & 19, and March 5.

\$12/Member; \$14/Guest

If you plan to attend the luncheon you **MUST RSVP** to the JCC Member Services Desk @ 732-494-3232 by 12pm on the Monday before the luncheon.

Entertainment Schedule:

January 8: Matt Mattheis **A Trip Down Memory Lane**

January 22: Bonnie Rapp **Broadway with Bonnie**

February 5: Jay Daniels **What the World Needs Now**

February 19: Fall Prevention Program

March 5: Meredith Beck: **Happy Days Are Here Again: A Love Letter to Barbra Streisand**

New Members Welcome
Join us

GAMES AT JCC



MAH JONGG

Free and Open to Community
Campus members only.

Thursdays, 1:00PM – 4:30PM

January 8, 15, 22, 29 (JCC Closed Jan. 1)

February 5, 12, 19, 26

March 5, 12, 19, 26



SOCIAL BRIDGE

Free and Open to Community
Campus members only.

Fridays, 12:30PM – 3:00PM

January 2, 9, 16, 23, 30

February 6, 13, 20, 27

March 6, 13, 20, 27



MODERN AMERICAN CANASTA AFTERNOON

Free and Open to Community
Campus members only.

Fridays, 1:00PM - 4:00PM

January 2, 9, 16, 23, 30

February 6, 13, 20, 27

March 6, 13, 20, 27



MODERN AMERICAN CANASTA EVENING

Free and Open to Community
Campus members only.

Mondays, 6:00PM - 8:30PM

January 5, 12, 19, 26

February 2, 9, 16, 23

March 2, 9, 16, 23

LOVE RUMMIKUB?

We're forming a new game
group. Email

lfeldman@jccmc.org if you'd
like to participate!





**THE JCC MEN'S GROUP IS DESIGNED
FOR MEN SEEKING MEANINGFUL DAYTIME SOCIALIZATION,
LEARNING AND INTERACTION IN A RELAXED SETTING, WITH
MEN OF SIMILAR AGE.**

Wednesday mornings from 10:30AM-11:30AM

**Free and open to JCC/Community Campus Members Only
Facilitator: Adam Glinn**

JANUARY, FEBRUARY & MARCH 2026 TOPIC SCHEDULE

January 7: Let me introduce my Father...

January 14: Religion in your Life-Important or problematic?

January 21: Life's Experiences-What was the most difficult?

January 28: Your Lifelong Friend...Why do they matter so much?

February 4: Introvert v. Extrovert?

February 11: Trump Presidency 2.0 one year in. How is it going?

February 18: Your Career, how did it happen?

February 25: Good and Evil-Can you have one without the other?

March 4: What's Up?

March 11: Who knows you the best?

March 18: Your Personality-Any room for improvement?

March 25: Are you still mad at your parents?

**Bagels and coffee will be served. Meet new friends; see old friends.
"What happens in Men's Group stays in Men's Group." Join us!!**

For more information, please contact the JCC Member Services Desk at 732-494-3232.

This program is co-sponsored by The Jewish Federation in the Heart of New Jersey.





Women's Discussion Group

- Free and Open to Community Campus Members only.
- If you are not yet a Community Campus Member please join us for one discussion as our guest.

Facilitator: Esther Fendrick

The JCC Women's Discussion Group is designed for women seeking meaningful daytime learning, interaction and stimulating conversation in a relaxed setting with new and old friends.

DISCUSSION DATES:

Thursday, January 29, 2026 @ 11AM - Having an Open Mind: How do you define the difference between being "open-minded" and having a "closed" mind? Do you feel you are an open-minded person? Are there issues that you do not feel open-minded about? Is it important to be open-minded? Is having a closed mind about certain issues the same as being judgmental? Is being closed-minded always a flaw or is it sometimes beneficial? Let's discuss.

Thursday, February 26, 2026 @ 11AM - March is National Women's History Month: The National Women's History Alliance (NWHHA) has chosen "Leading the Change: Women Shaping a Sustainable Future" to be the 2026 theme for Women's History Month. The intention of this theme is to expand our understanding of sustainability beyond just environmental concerns. It encompasses financial sustainability, community resilience, leadership succession, and intergenerational equity. Whether developing green technologies, advancing economic justice, strengthening education systems, or building civic power – women are designing blueprints for sustainable transformation. This theme affirms that shaping a sustainable future means fostering systems that support both people and the planet. Let's discuss.

Thursday March 26, 2026 @ 11AM - No Discussion Group / JCC Community Model Seder

This program is co-sponsored by The Jewish Federation in the Heart of New Jersey.



Grant funding has been provided by the Middlesex County Board of Commissioners through a grant award from the Middlesex County Cultural and Arts Trust Fund.



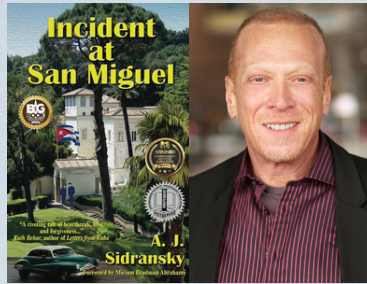
For more information, please contact the JCC Member Services Desk at 732-494-3232.

JCC BOOK CLUB

Please join Esther Fendrick, on the first Tuesday of each month at 10:00am for a fun and lively book discussion. Free and Open to Community Campus Members only. If you are not yet a Community Campus Member, please join us for one discussion as our guest.



January 6, 2026 @ 10am
Songs for the Brokenhearted
by Ayelet Tsabari



February 3, 2026 @ 10am
Incident at San Miguel
by A. J. Sidransky



March 3, 2026 @ 10am
The Missing Pages
by Alyson Richman

For more information please contact the JCC Member Services Desk at 732-494-3232.

These programs are co-sponsored by The Jewish Federation in the Heart of New Jersey.



Storytelling... A Human Need

Instructor: Elizabeth A. Pallitto, MA, PhD

Storytelling is only via Zoom at this time.
Check our website (jccmc.org) for updates.

- **Friday, January 9 @ 12 Noon via Zoom**
- **Friday, February 13 @ 12 Noon via Zoom**
- **Friday, March 13 @ 12 Noon via Zoom**

FREE to Community Campus Members –For more information contact the JCC Member Services Desk at 732-494-3232.
Once registered, you will receive a Zoom link shortly before the class. Please register by noon the day prior to the class.



JANUARY

All programs are In-Person Only unless otherwise specified.

Jan. 1, 2026	JCC CLOSED FOR NEW YEAR'S DAY
Jan. 6, 2026 @ 10:00 am	BOOK CLUB- "Songs for the Brokenhearted" Ayelet Tsabari
@ 1:30 pm	GOLDEN AGE GALS- Renee McFillin
Jan. 7, 2026 @10:30 am	MEN'S GROUP
Jan. 8, 2026 @ 11:30 am	ADULT CLUB LUNCHEON
Jan. 9, 2026 @12:00 pm	STORYTELLING with Elizabeth Pallitto (Zoom only)
Jan. 13, 2026 @10:30 am	THE GILDED AGE with John Kenrick
Jan. 13, 2026 @ 1:30 pm	KNITTING FOR A CAUSE
@ 7:00 pm	JBC AUTHOR SERIES EVENT- "How to Lose Your Mother" Molly Jong-Fast
Jan. 14, 2026 @ 10:30 am	MEN'S GROUP
@ 3:00 pm	BEREAVEMENT SUPPORT GROUP
Jan. 20, 2026 @ 1:30 pm	IMPROV WORKSHOP
Jan. 21, 2026 @10:30 am	MEN'S GROUP
Jan. 22, 2026 @11:30 am	ADULT CLUB LUNCHEON
Jan. 28, 2026 @3:00 pm	BEREAVEMENT SUPPORT GROUP
@10:30 am	MEN'S GROUP
Jan. 29, 2026 @ 11:00 am	WOMEN'S DISCUSSION GROUP
@ 1:30 pm	LIVE WELL @THE JCC LECTURE- SPINAL HEALTH

**THE STAFF AND BOARD OF DIRECTORS OF THE
JEWISH COMMUNITY CENTER OF MIDDLESEX COUNTY
WISH YOU AND YOUR LOVED ONES
A HAPPY AND HEALTHY NEW YEAR IN 2026!**

FEBRUARY

All programs are In-Person Only unless otherwise specified.

Feb. 3, 2026 @ 10:00am

Feb. 4, 2026 @ 10:30 am

Feb. 5, 2026 @ 11:30 am

Feb. 7, 2026 @ 7:00 pm

Feb. 10, 2026 @1:30 pm

Feb. 11, 2026 @ 10:30am

@ 3:00pm

Feb. 13, 2026 @ 12:00 pm

Feb. 17, 2026 @10:30 am

@ 1:30 pm

Feb. 18, 2026 @10:30 am

@7:00 PM

Feb. 19, 2026 @ 11:30am

@ 1:00 pm

Feb. 24. 2026 @1:30 pm

Feb. 25, 2026 @ 10:30am

@ 3:00 pm

Feb. 26, 2026 @ 11:00 am

BOOK CLUB - "Incident at San Miguel" by A.J. Sidransky

MEN'S GROUP

ADULT CLUB LUNCHEON

TEXAS HOLD 'EM POKER TOURNAMENT

LENA HORNE with John Kenrick

MEN'S GROUP

BEREAVEMENT SUPPORT GROUP

STORYTELLING with Elizabeth Pallitto (Zoom only)

KNITTING FOR A CAUSE

WOMEN JUSTICES OF THE SUPREME COURT

MEN'S GROUP

JBC AUTHOR SERIES EVENT-"Goyhood" with Reuven Fenton

ADULT LUNCHEON

A MATTER OF BALANCE: FALL PREVENTION PROGRAM

ART BY AFRICAN-AMERICANS with Janet Mandel

MEN'S GROUP

BEREAVEMENT SUPPORT GROUP

WOMEN'S DISCUSSION GROUP

Inclement Weather Notice:

In the event of adverse weather conditions, programs and events may be canceled or postponed. Please call 732-494-3232 to confirm.



MARCH

All programs are In-Person Only unless otherwise specified

Mar. 1, 2026 @ 11:00am	Purim Carnival
Mar. 3, 2026 @10:00 am @ 1:30pm	BOOK CLUB- "The Missing Pages" by Alyson Richman FROM SINAI TO SEINFELD with Larry Wolfert
Mar. 4, 2026 @ 10:30am	MEN'S GROUP
Mar. 5, 2026 @ 11:30am	ADULT CLUB LUNCHEON
Mar. 10, 2026 @ 1:30 pm	DON RICKLES with John Kenrick
Mar. 11, 2026 @ 10:30 am @ 3:00 pm	MEN'S GROUP BEREAVEMENT SUPPORT GROUP
Mar. 13, 2026 @ 12:00 pm	STORYTELLING with Elizabeth Pallitto (Zoom only)
Mar. 17, 2026 @ 10:30 am @1:30 pm	KNITTING FOR A CAUSE NOBODY'S HART with Diana Sheehan
Mar. 18, 2026 @10:30 am	MEN'S GROUP
Mar. 24, 2026 @ 1:30 pm @ 7:00 pm	LIVE WELL @ THE JCC- Understanding Advanced Directives JBC AUTHOR SERIES EVENT "The Missing Pages" with Alyson Richman
Mar. 25, 2026 @10:30 am @3:00 pm	MEN'S GROUP BEREAVEMENT SUPPORT GROUP
Mar. 26, 2026 @11:00 am	MODEL SEDER
Mar. 26, 2026	NO WOMEN'S DISCUSSION GROUP



SAVE THE DATE

March 1st

Purim Carnival

March 26th

Model Seder

April 1st

Passover Starts

April 14th

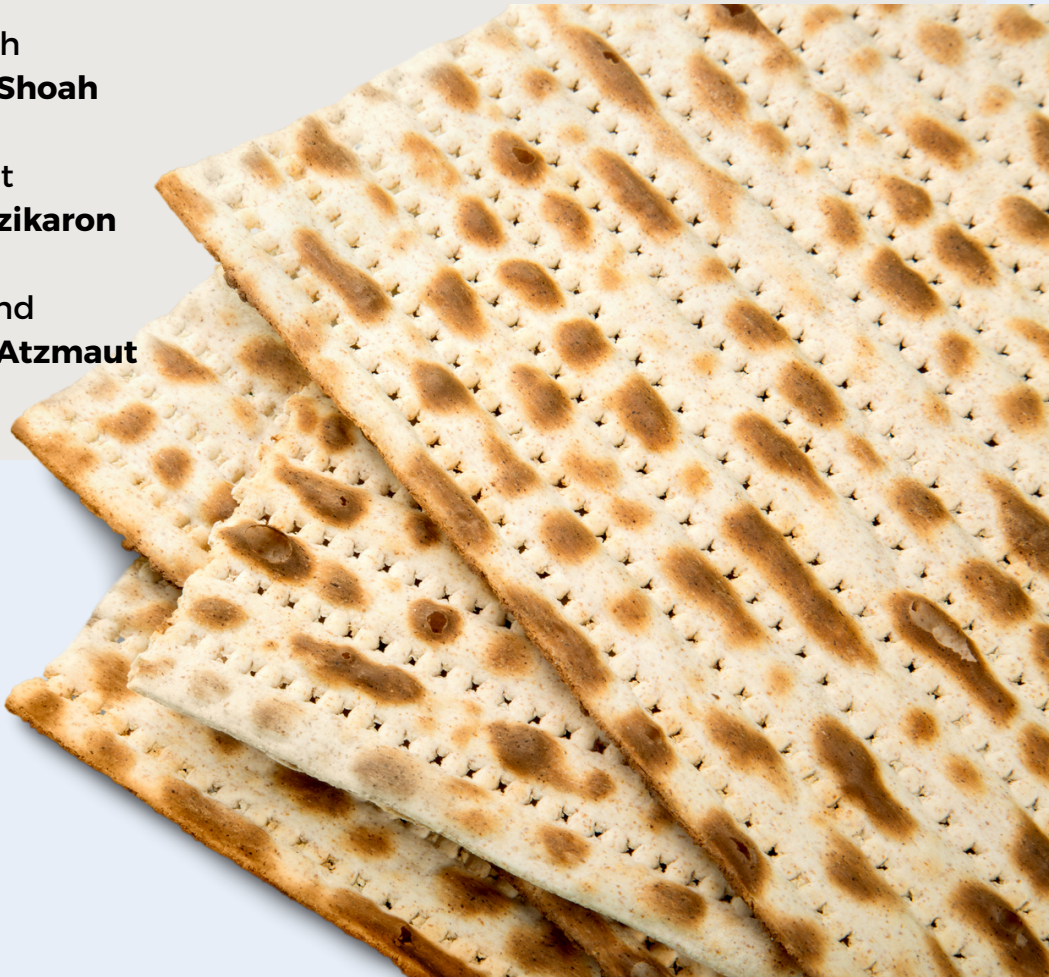
Yom HaShoah

April 21st

Yom Hazikaron

April 22nd

Yom HaAtzmaut




The Arts Institute

OF MIDDLESEX COUNTY

- // Folklife and Cultural Heritage
- // Education, Outreach & Administration
- // Arts and Community Development
- // History and Historic Preservation

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 Arts Institute of Middlesex County // East Jersey Old Town Village

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the Arts



healthcare quality strategies
foundation



Jewish Federation
IN THE HEART OF NEW JERSEY



Adam Glinn, President & Chief Executive Officer
Liza Feldman, Director of Adult Enrichment & Engagement
Hannah Cohn, Director of Community Engagement & Jewish Life
Lindsay Norman, Director of Special Projects & Initiatives
Talia Tor, Senior Development Officer
Kathi Gladis, Program Coordinator of Live Well @ the JCC

aglinn@jccmc.org
lfeldman@jccmc.org
hcohn@jccmc.org
lnorman@jccmc.org
ttor@jccmc.org
kgladis@jccmc.org

JCC of Middlesex County
1775 Oak Tree Road
Edison, NJ 08820

NONPROFIT ORG
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Jewish Community Center of Middlesex County, 1775 Oak Tree Road, Edison, NJ 08820 www.jccmc.org
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